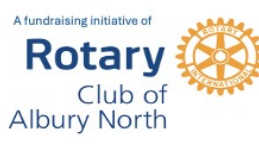




TRAVEL ESCAPE CLUB

July 2024 to June 2025 - Season 3



NEWSLETTER



Supporting mental health initiatives in our region through these local charities and more.



AUGUST 2024

Pre-Draw

Hi **[UD:FIRST_NAME]]**,

Well, here we are again, about to do the second draw of the Travel Escape Club for this new season. Are you ready for **ROLLERCOASTER RIDE #2?**

The SECOND DRAW takes place at 6 pm on TUESDAY 13th August!

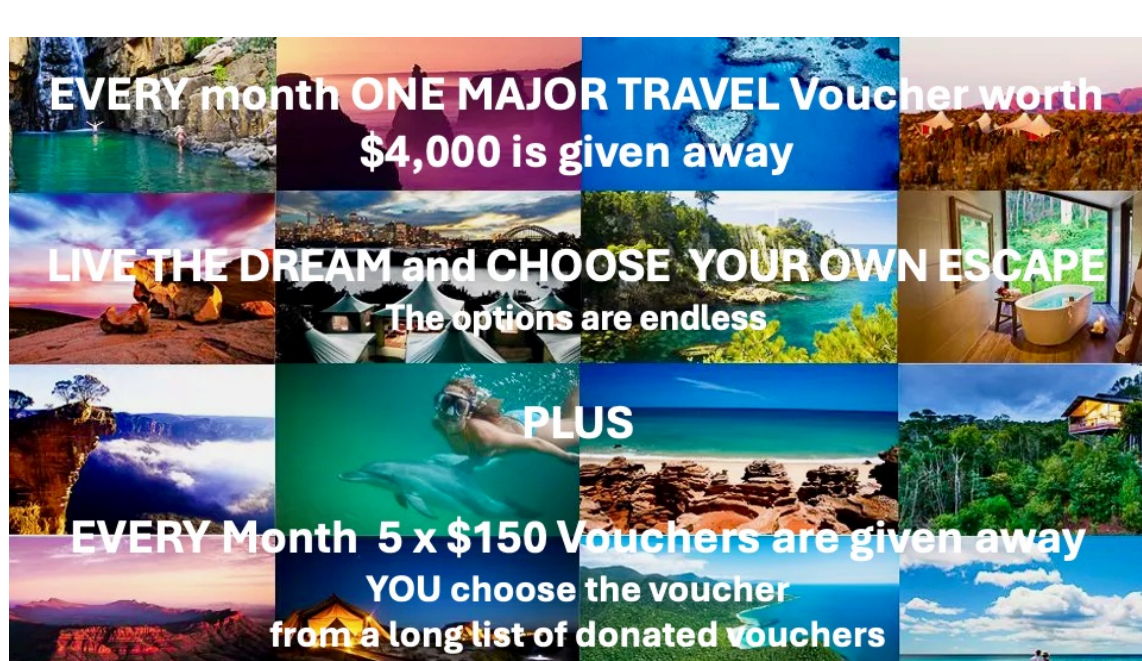
As you'd be aware, this year all our MAJOR travel prize winners will receive a \$4,000 voucher from Hello World so they get to choose and plan their own holiday escape!

As well a further 5 x \$150 vouchers are won every month! 🤪 😊 🍀

Hello World have put together a wonderful list of recommendations for you.

A \$4,000 travel voucher will cover some of these suggestions, while others entail bigger journeys where \$4,000 would make a substantial contribution to their financing.

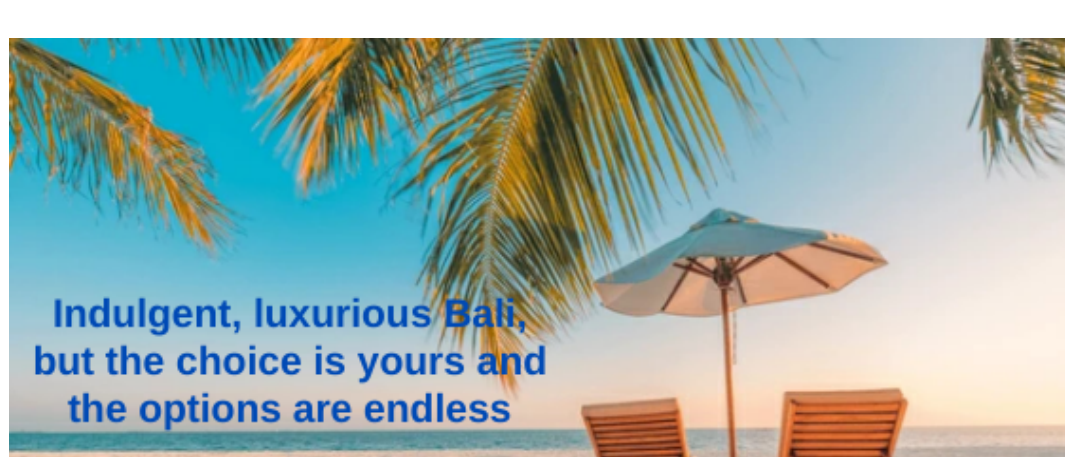
CHECK OUT the full list of suggested holidays on our website [HERE](#)



Here's a great suggestion for a fantastic winter escape for our major prize winner to consider...

Just think...\$4,000 may cover most, if not all, your return airfares from Melbourne to Denpasar, 5 nights of luxurious accommodation with breakfast, and return airport transfers.

How good would that be!!!



Winners will be notified directly by email

PLUS...

Keep an eye on your inbox for the monthly edition of the TEC "WINNERS Newsletter" as all ticket holders will be sent the newsletter within 48 hours of the draw.

And of course, all

winners will be celebrated on our website and Facebook page too!

Good luck!

\$150 VOUCHERS

This year around 75 businesses have once again generously donated approximately 80 vouchers. These vouchers are available for our minor prize winners to choose from.

You can check out the businesses [HERE](#)

Please support them where possible.

They include homewares, clothing, furniture, photography, music, jewellery, restaurant and catering, books and more...lots lots more....

Mental Health Resilience Course details

The Rotary Club of Albury North will be hosting it's third free short course on Mental Health Resilience on Saturday August 31st. This course is one of the initiatives supporting our local community that has evolved from TEC proceeds and is open to all individuals interested in learning about and improving their understanding of strategies crucial for enhancing mental health resilience.

All details can be found on this [website post HERE](#)

or follow the QRcode on the invitation, and click on "Contact Us" to register your interest

You are Invited

to attend a complimentary 3 hr course on

Mental Health Resilience



Through funding from the TRAVEL ESCAPE CLUB, the Rotary Club of Albury North is supporting Mental Health initiatives in our community

Hosted by the Rotary Club of Albury North, this complimentary course, conducted by Bjelkie Lansdown from BLMC Consulting, is open to all those who are looking at strategies to enhance their own mental health as community.

This course will particularly benefit those who work as community volunteers, and who feel that these strategies will support them in their community work environment.

Details:

Date: Saturday, 31st August

Time: 9.30am to 12.30pm

Venue: Rural Fire and Rescue, 25 Airport Drive East Albury 2640

Course Outline:

Assisting in managing, understanding, and maintaining mental health.

Understanding brain functionality

Dealing with stress

Effects of trauma

Self-care practices and building resilience



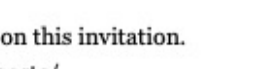
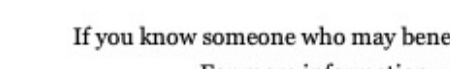
To secure your spot, please register through the website:

www.travelescapeclub.com.au/contact-us

or scan this QR code and click on the CONTACT tab (Limited spots are available)

If you know someone who may benefit from this course, feel free to pass on this invitation.

For more information, visit www.travelescapeclub.com.au/posts/



Cheers

Anne

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For all enquiries or further info:



Website



Facebook



Instagram



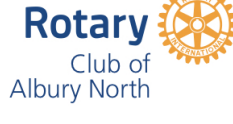
Email



Albury North Rotary Club wish to thank our valued SPONSORS - **Schnelle Partners**

PLUS the **Seventy-Five businesses** who have kindly donated and supported TEC with \$150 voucher prizes.

All travel arranged through.



PLEASE "Like" and "Share" our [Facebook](#) page.
For all things TEC and to explore past winners, visit our website [HERE](#).

If this message ends up in your spam or junk folder, kindly move it to your inbox and add the sender's address to your contacts to ensure our newsletters reach your inboxes We are not spam.

By holding a ticket, you are teaming up with Albury North Rotary Club to support the community. Your contribution helps us provide resources to enhance mental health first aid and resilience within our community. 🙌 **THANK YOU** 🙌

You are receiving this email because you currently hold a Travel Escape Club ticket in the current TEC 2024-2025 season

The newsletter is sent monthly to keeps you informed on draw dates and news.

Want to change how you receive these emails?

You can [Unsubscribe](#) or [Update your preferences](#)